

Community Supported Agriculture and Education:

A special partnership to bring you each week -- fresh produce all grown on the Hamakua Coast.

Hawaii Sustainable Education Initiative (HSEI) invites you to become a member of a very special group of friends, sharing the idea of fresh food produced locally and the education of young people in the growing and marketing of this food.

For this season, we welcome YURI ZHURAW, our Farm to Community coordinator. Yuri, who will be an Agriculture major at UH Hilo, will be using this opportunity to learn and hone marketing skills needed by today's niche farmers. He will also produce a monthly e-newsletter with recipes, updates, and information.

Your membership will help local farmers better plan their production, which means that you get fresher produce, harvested at the peak of readiness and available for you without delay.



Call Yuri (808) 430-8446 or
happyzghost@yahoo.com
to enroll and for more info.

Cash, PAYPAL or checks to HSEI accepted.



You will receive certified organic lettuce grown aquaponically from Friendly Aquaponics. Friendly Aquaponics guarantees 100% satisfaction and 15 day freshness on their lettuce. You can only get their lettuce through our CSAE or 60 miles away at Costco. You will also receive seasonal fruits, vegetables, herbs, or flowers all grown by local farmers who are supporters of HSEI.

You can be satisfied that you are playing an important part in supporting the education of our youth, growing food locally, and in helping secure food sources in these times of uncertainty and rising costs of transportation. The relationship you develop with the farmers through the food reaches beyond the mere physical.

A percentage of profits go to tuition assistance at HSEI.

Join now!

Friend Level: \$60 for three months. Receive 1lb. of lettuce, every OTHER week.

Supporter Level: \$120 for 3 months. Receive Friend Level plus 2 - 3 lbs. produce and a seasonal herb bouquet every OTHER week.

Benefactor Level: \$240 for 3 months. Receive the Supporter Level EVERY week.

Join for a year and receive two weeks FREE!

Also available to add to levels - **Local EGGS** -- \$3/half dozen or \$5.00/dozen

Pick up: Wednesdays - HSEI 45-3611 Mamane St. Honoka'a; 2:00 - 3:30 pm
Waimea, Keck 4:30 pm, or St. James Circle 4:45 - 5:15 pm