



Maty Ezraty adjusts a student in her Mysore class.
Santa Monica, California ©2005, Nicholas Basich

Maty Ezraty has been teaching yoga since 1985 and was the original founder of Yoga Works in Santa Monica, California. There, she directed the Teacher Training Program for over 16 years. As a dedicated Ashtanga practitioner, Maty studied intensively with Sri K. Pattabhi Jois both in India and in the US, and she has also studied for decades with many senior Iyengar teachers.

With her unique viewpoint, Maty brings a holistic perspective to all of her students. Her abundant knowledge and skill is reflected in her teaching practice. She is known for her joyful, engaging and determined approach to teaching correct form. She leads teacher trainings and workshops all over the world, and is revered as a teacher's teacher.

Maty wrote the *Yoga Journal* Asana Column in 2001 and in 2009, and has served as the guest expert for that publication over the years. Maty lives with her husband, yoga teacher Chuck Miller, on the Big Island of Hawaii.

Sunday 03/28

9 am Yoga Asana

12 noon lunch and close

Cost: \$180/person

\$320/couple

for all sessions and vegetarian meals. Single sessions/meals available. Also available at extra cost - housing and bodywork/massage.

Register with Ming Wei ---

443-9231 or kohmingwei@gmail.com

All proceeds to support HSEI.

HAWAII SUSTAINABLE EDUCATION INITIATIVE'S Yoga Retreat Fundraiser with Maty Ezraty

Chuck Miller, assisting

March 27 - 28, 2010

Waiki'i Ranch, Big Island Hawaii

HSEI: A Waldorf philosophy based school, Grades 1 and up.

Our vision: *To develop free human beings who are able, of themselves, to impart purpose and direction to their lives.*

All levels welcome.

Saturday 03/27

9 am Yoga Asana

12 noon Lunch followed by

Break - complimentary sauna and hot tub, bodywork/massage, rest.

2:30 pm Yoga Asana

5 pm Dinner

7 pm Meditation, Chanting and Poetry